

## ONE GOD, MANY PATHS, SPIRITUAL NOT RELIGIOUS



*Autumn  
is a second  
spring when  
every leaf is a flower*  
- Albert Camus



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# The Journey Of Today

*By James Dillet Freeman*

Dawn is the threshold of today.  
Dawn is an open door  
That sends you up a sunlit way  
You have not climbed before.

You know that God does not give  
You hills too hard to climb;  
His love ordains that you shall live  
But one day at a time.

Let go dead yesterday's regret,  
Tomorrow's phantom fear;  
Live in the living now and let  
The present good appear.

Even a stay-at-home must make  
The journey of today;  
Go with a willing heart and take  
Love's lamp to light your way.

Prayer be the staff you lean upon;  
With faith your feet be shod.  
Today you do not walk alone—  
Today you walk with God.





## Heart Talk

by Bernadette Voorhees



There once was a church that held an Annual Communion Service. The tradition was for each adult to bring a small container of wine. During the service each person would come forward and empty their wine into a beautiful crystal bowl to be consecrated and blessed. After the ceremony there was a Pot Luck Banquet and the blessed wine was enjoyed communally.

Now not everyone brought the same kind of wine. Some folks brought expensive wines of impressive vintage. Others brought more commonplace wines. But somehow, the blending of the wines always miraculously managed to achieve a communal average enjoyed by all, despite the differences in the types of the individual contributions. One year, a member had a long week at the office and was too tired to stop by the local wine seller. Rather than showing up empty handed, she arrived early, snuck into the kitchen, filled a cup with water, and poured it into the bowl loudly, so that everyone heard her contribution. Another member was busy coaching his son's little league team and did the same thing. As did the member who was traveling on business and the one who just sort of forgot. An old-time member who had done a lot for the church said, "I've been bringing wine for 50 years. This year I'll skip." And the super-volunteer, who takes on every task thrown his way, declared, "One more thing and I'm going to flip my lid." They both furtively brought water. A new member was unclear about the whole concept and another felt intimidated. They brought water as well. One brought water, just to be different. That day, when the ladle was dipped, water was served.

Each and every thing we do, or refrain from doing, touches others. If one or two bring water, everyone will still enjoy wine. That is a sort of Grace. But it's in joining together, freely, passionately, and powerfully that we grow and build something worthy of us called Unity of Vancouver.

♥ In love and light, Bernadette



As the daylight hours get shorter and temperatures cool, it's an opportunity to take advantage of the increased time indoors to read inspirational books, listen to CD's and enhance your meditation practice.

Children usually have mixed feelings about summer ending and school starting up again. They miss the summer days of freedom and playing in the sunshine, but they also are excited to have new experiences. Whether they admit it or not, settling into more routine, structured days is most likely a welcome change.

We also can benefit from scheduling routines that ensure that we are "taking care of ourselves" by getting healthful nutrition, plenty of rest, adequate amounts of exercise and giving priority to our spiritual growth and expansion.

Please stop by the bookstore on Sundays, look around and visit with the volunteer on duty.

<b>Lighted Path Bookstore Volunteer Schedule</b>					
<b>September</b>	<b>5</b>	<b>Grace Conners</b>		<b>3</b>	<b>October</b>
	<b>12</b>	<b>Denise Denver</b>		<b>10</b>	
	<b>19</b>	<b>Don Divens</b>		<b>17</b>	
	<b>26</b>	<b>Christine Bauman</b>		<b>24</b>	
		<b>Grace Hall</b>		<b>31</b>	
Volunteers: Please contact <b>Grace Conners</b> or another volunteer if you can not work your scheduled Sunday. Thanks.					



*Congatulations*  
*to Peter & Corrinne on*  
*their recent marriage!*



Here are just a few of the wonderful books that we have for sale in our Lighted Path Bookstore to help you be more prosperous.



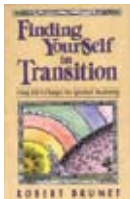
***Living Through The Meantime* by Iyanla Vanzant**

In *Living Through the Meantime*, bestselling author Iyanla Vanzant will lead you, step-by-step, to a greater understanding of your own past, your motivations, and your desires. Once you have completed this program of meditation, self-care, and self-examination, you will be able to move beyond your meantime experience and into the love that is your true essence.



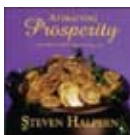
***A Return To Love* by Marianne Williamson**

Marianne Williamson shares her insights into how the practical application of love every day can provide an answer to the problems that confront us, whether these are in our relationships, our careers or our health. This best-selling guide reveals how we each can take a spiritual, psychological and emotional journey back to the true inner peace with which we were born, and shows how by practising love we can make our lives more peaceful, loving and fulfilling.



***Finding Yourself In Transition* by Robert Brumet**

Discover how to use change as a gateway to greater personal and spiritual growth. Brumet weaves together strands of psychology, Eastern and Western mysticism, Bible interpretation, and personal stories as he gently guides you into new beginnings.



***CD: Attracting Prosperity*- Steven Halpern**

Prosperity means having more of everything in your life, not just money. And since that attitude of abundance starts with a person's thoughts, it follows that affirmations, coupled with soothing music, can help plant the seeds of prosperity.



# Prayer Ministry



**One single grateful thought raised to heaven is the most perfect prayer.**  
— G. E. Lessing

**Dial a Daily Word**  
Coordinator: **Dan Walz**  
Call 694-4325 for a 24 hour taped inspirational message



**Chanting Circle**  
Sundays, 8:45–9:20am

**Unity's Circle of Prayer**  
Sundays, 9:30-9:50am

*You're never far from our prayer support. Call, request by mail or email*

**Our Prayer team invites you to join us after service on the first Sunday of each month for food, fellowship and fund raising. Love offerings collected will help support our Buildings / Grounds and operational expenses.**

<i>September Affirmations</i>	<i>October Affirmations</i>
The peace of God fills my heart.	With each breath I breathe, I am aware of God's peaceful presence.
I am inspired and guided by the light of God.	My way is made clear as I move forward in faith.
The healing power of Spirit renews me.	I am energized with perfect life.
Spirit supplies my every good.	I rejoice in the full expression of God's good in my life.
I am at peace with God, myself and all persons.	In everything I do, I express peace.
<i>We invite you to focus on these affirmations. Spoken aloud or silently, these affirmations support you in creating a spiritually centered life.</i>	

Affirmations are positive statements of Truth. By affirming Truth we are lifted out of false thinking into the consciousness of Spirit. Each time we pray positively and faithfully, we are calling forth the divine activity that is always within us.

## *Prayer Ministry*



### **Light Thoughts**

from the Prayer Team



*we are so Blessed*

Focus on your indwelling Christ and allow God, to be the only one on your mind and in your heart as you pray.

Dear God, thank You for this day. Help me to start today with a positive attitude and plenty of gratitude. Broaden my mind so that I can be more accepting. Let me not whine and whimper over things I have no control over. Let me see through Your eyes and acknowledge the good in all I see. Keep me safe from all harm. And when I feel this world close in on me, let me remember Jesus' example and slip away and find a quiet place to pray.

When I'm pushed beyond my limits and fear that I can't, help me to remember that with YOU, I can. Use me to do Your will. Bless me that I may be a blessing. Keep me strong that I may help those who feel weak. Uplift and inspire me to speak words of encouragement.

I pray for those that are lost and can't find their way. I pray for those that are misjudged and misunderstood. I pray for those who don't know Your ever-present help in every need. I pray for all my sisters and brothers, for each and every family member in their households. I pray for peace, love and joy in their homes that they are out of debt and all their needs are met. I pray that every eye that reads this knows there is no problem, circumstance, or situation greater than You.

Divine Guidance come to me. Divine Guidance set me free. Divine Guidance light my way. Divine Guidance is mine today. Guide me in all I do and say. Guide me to choose the highest way. Open my heart that I may see. Divine Guidance come to me. I wait with hopeful expectancy. I pray these words in the name and nature of Jesus Christ.

**Amen.**



## Youth Ministry

### Youth Education

Director: Katherine Schuh



### Monthly Schedule

**First Sunday:** Terry Marvin  
**Second Sunday:** Shuntel Rogers  
**Third Sunday:** Sylvia Barnes  
**Fourth Sunday:** Mark Henrichsen

**Music and Song:** Dan Walz  
**Uniteens:** Leslie Zimmerman,  
 & Shaun Robertson

### Fabulous Fall, Awesome Autumn

All is in Divine Order. Autumn is just around the corner. Vacations are over and it is back to school time. In Youth Ministry we will be celebrating our spiritual powers of Order and Enthusiasm. Our lessons will be taken from the Unity series "Celebrating my God Self". We will use Divine Order to put God first and we will use our spiritual power of Enthusiasm to do what needs to be done by us.

### October 31– Halloween Harvest Celebration

We Enthusiastically encourage our children of all ages to celebrate by wearing their costumes to class on this special day. Crafts, Stories and Treats will make this a special time.

### Uniteens/Y.O.U.

#### Sponsors: Leslie Zimmerman, Shaun Robertson

We invite 6th – 12th graders to join us as we resume our time together on Sunday mornings. A schedule for the fall will be available soon. We will be planning for our fundraisers and up coming fall retreats in October and November.



**BE YOURSELF** Everyone else is already taken.

~ Oscar Wilde

### Affirmations

**September–Divine Order:** God is in charge and the universe is in Divine Order.

**October–Enthusiasm** (Enthusiasm comes from a Greek word meaning "in God");  
 I pray, think and act with Enthusiasm.

## *Study Groups & Teams*



### **Women Sharing Wisdom (WSW) Study Group**

Next Meetings September 14, October 12, 6:30–8:30pm

The Women Sharing Wisdom study group meets the second Tuesday of the month at 6:30 PM at the church.

This year's theme for Women Sharing Wisdom is 'Women on the Path- Our Journey in Spirit.' It is designed to create a forum for us all to share the teachers and tools that have shaped our spiritual practices. Each and every one of us is a woman with an incredible story, an incredible journey in spirit. All women are welcome.

We also have our annual beach trip planned for September 11.

**Marcy Boyer** is heading this up. There are still a couple of spots open for our retreat at Menucha Retreat Center in the Columbia Gorge on October 1-3. Our theme is self-care. Contact **Kathy Divens** if you are interested.

### **Prosperity And Abundance Fundraising Team**

#### **Annual Gift & Goodie Auction – October 17**

The Gift and Goodie Auction will be held October 17th at 12 noon right after our Souper Sunday Pot Luck. **Sandy Hattan** has volunteered to be our auctioneer.

We are now accepting donations for Grab Bag items as well as completed theme baskets or related items that could become a theme basket. Gift certificates, craft items, unique art and fun getaways are always big hits so start collecting, organizing and bringing in your donations

Invite your friends to our Auction and Soup Potluck. Don't forget to bring your checkbook and \$1.00 Bills for 'THE DOLLAR DEALS!' Thanks for your generosity! Questions or Donations? Contact **Mark** or **Brenda** @ (360) 992-0742.

## **Transitions**



*we are so Blessed*

Join us in prayer for **Jo Ann** and **Larry Turner** as they release loved ones into the open arms of Spirit. May their loved ones be richly blessed as they continue on their pathway of eternal life.



## *Classes, Special Events & Team Leaders*

### **7th Annual World Day of Prayer, September 9, 2010**

Be among the thousands of people of all faiths who will join Silent Unity – our international, transdenominational 24/7 prayer ministry— in prayer for the health and well-being of the world as well as one another.

World Day of Prayer gives us a chance to recognize and celebrate our oneness with Spirit, each other and our world. You will have the opportunity to submit individual names for prayer on Sunday, September 5 or you can leave a prayer request by email or phone.

I hope you will take many opportunities during the day to close your eyes and affirm with us: “We are living expressions of Divine light flowing forth into the world.”

### **Disaster Preparedness Training Seminar**

**Sunday, September 19th from 12:30 – 2:30 Facilitator: Joy Lasseter, Ph.D**

**Suggested Donation: \$25.00 per person or family.** (\$5.00 covers handouts & the remainder supports of our church, but no one will be turned away for inability to pay.

A disaster overwhelms our local fire, police and medical responders. It is prepared citizens who save lives in the first hours afterwards. Learn what food and medical supplies you need to have on hand, how to organize your neighborhood before the emergency and how to respond afterwards. I will teach practical and safe food and water storage. You will get lists of things you need but **you must sign up in advance for your handouts!**

### **Volunteer Teams & Team Leaders**

Bookstore: Grace Conners	Grounds/Building: Harvey Schuh & Dan Walz
Caring For Each Other: Katherine Whitney	Hospitality Team: Denise Denver & Roberta Harper
Circle Of Prayer: Dan Walz	Lending Library & CD Ministry: Marcy Boyer
Dial-a-Prayer & Housekeeping: Dan Walz	Office/Mailing Support: Phaedra Karoy
Greeting: Sandy & Ken Hattan	Youth Ministry Director: Katherine Schuh
For the Love of Unity: Les Lomax	WSW Support Group: Gayle Starker & Kathy Divens
Prosperity & Fund Raising: Mark & Brenda Henrichsen	

## *Board Update*



### July 4, 2010

Father's Day Drawing raised \$86.00 after expenses.  
Annual Membership Review was completed.  
Planned Annual Membership Meeting.  
Annual Festival August 22, 2010.

### **August 1, 2010 Annual Membership Meeting**

Annual Membership meeting 2009 minutes and Financial Report 2009-2010 were given and reviewed. Team reports were given.

**Terry Marvin** retired from the Board and was thanked for her many years of dedicated service as Vice-Chair to Unity of Vancouver's Board of Trustees.

The Nominating Team recommended that **Marti Skaer** be reappointed to the Board and that Sandy Wilson be elected.

**MOTION:** Both were unanimously approved.

**Gayle Starker** and **Sandy Hattan** were elected to serve on the 2010-2011 Nominating Team.

### August 1, 2010

The Board of Trustees Elected Officers for 2010-2011.

**Nancy Lynch – Chair**

**Dan Walz – Vice Chair**

**Marti Skaer – Secretary**

**Harvey Schuh – Treasurer**

**Sandy Wilson – Member**

**Trish Gambill – Member**

**Annual Souper Sunday and Annual Auction** were scheduled for **October 17, 2010**. Board of Trustees will put together a theme basket for the auction.

**Next Board Meetings: September 5 & October 3.** Please be sure to get your reports and newsletter articles to us.



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Chanting Circle, Sundays 8:45–9:20am  
Prayer Circle, Sundays, 9:30–9:50am  
Sunday Celebration Service 10–11am  
Bookstore open after Sunday service.  
Mid-week service, Wednesdays, 7–8pm

Daily Word: 360-694-4325  
Silent Unity: 816-969-2000  
Español: 816-554-2580

**Planning to move? Please let us know  
if you are moving or no longer wish  
to receive this newsletter**

*Sent with love and blessings to:*